

# EDUTODAY

EDUCATIONAL SYNERGY Newsletter | January 2023 - Issue 03

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*Dear Readers,*

#### AROUND THE WORLD IN 90 DAYS

Just when you start thinking that you have done enough, take a deep breath and stretch for more. That's where the growth mindset lies. It lies in coming out of your comfort zone and taking up new challenges. Being on a road you have never taken before.

Past ninety days were the most nail-biting yet exciting days at Educational Synergy.

We hadn't taken down the celebration decors from our offices yet of having partnered with many esteemed educational institutes this year when it was already time to get down to work. We had to be engaged for 90 days to train 5,000 + people of 11 schools in 37 cities of Pakistan. And then there were schools in Azerbaijan waiting to be trained and coached. Not to forget FranklinCovey Education's International Conference in Thailand which was not to be missed.

The big question was, "How will we do it?"

The answer lied in seeking synergy. It had to be a team effort without any doubt. So with a clear end in mind, put first things first' became the motto. Gantt Charts were pulled out and action planning was done at all levels.

Then came the rain and with it the flood, Each one of us stayed proactive, took charge of our responsibilities and built on each other's strengths to make it possible to achieve the goal.

Had we kept stumbling on the question of how all this will be possible we wouldn't have experienced what we did in the past ninety days. A true sense of achievement, and a true sense of accomplishment.

So we are back to our celebration mode and would love to take you along through this newsletter. There are pictures to see, articles to reflect and contributions by our partners to inspire. Keep learning, Keep growing!

# Asia Pacific Partner Conference 2022

FranklinCovey Education Pakistan received the “Prestigious Award” at the Asia-Pacific Partner Conference 2022 held in Bangkok on October 4-5, 2022. FranklinCovey Education is truly honored to stand as No.01 in Asia with 235 schools and is the only one to be chosen for this award among 150+ countries. It’s a proud moment for our team to represent Pakistan on such a massive scale.

FranklinCovey Education Pakistan has delivered remarkable services throughout its journey. The exponential growth in number of schools speaks for the credibility, transparency, effectiveness, and mission of the organization that we are committed to fulfilling in the long run. It has managed to embark 50 to 75 to 100 and now currently 235 schools and have been awarded consistently. It would not be possible without the support and loyalty of our valued clients. We are very thankful to our partners for accompanying us in our mission and purpose for bringing change and empowering the education sector with skills to successfully navigate a world of constant change and choice.

Our process “Leader in Me” is designed to deliver breakthrough results throughout its

journey. Content, people, and technology are three contributing factors of success and we integrate them seamlessly for transforming

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learning experiences that empower leaders to bring required results again and again. We promised to help our educators to learn more effective ways of learning, leading, and collaborating.

We are very happy to share this proud moment with our learner’s society and are determined to achieve more with every passing year 🌟



**Mr. Bill McIntyre** - Vice President, and General Manager for International Education, **Mr. Jordan DeMoux** – Regional, Director Americas, Education, **Ms. Brooke Judd** – International Director of Coaching and Content, **Ms. Muriel Summers** – Global Ambassador, FranklinCovey Education, **Mr. Fazal Niazi** - Practice Lead FranklinCovey Education, Pakistan, Azerbaijan & Turkey, **Mr. Masood Mir** - Marketing Director, FranklinCovey Education Pakistan, **Ms. Nabila Kamrani** - Senior Sales Manager/Facilitator, FranklinCovey Education Pakistan, **Mr. Shabbir Ahmed** - Facilitator/Coach, FranklinCovey Education Pakistan



# 7 Habits of Highly Effective People Work-Session at XXI Century School

Every educator has worked hard to master the art of multitasking, but excessive multitasking increases the likelihood of ordinary rather than producing effective results, which is why maintaining balance is so essential.

Through the 7 Habits of Highly Effective People work session, participants of XXI Century School with the right balance of fun and learning discovered timeless principles that yield greater productivity, enhanced communications, strengthened relationships, and focused on the highest priorities to become more effective.



# Leader in Me Parents' Session at XXI Century School



Parents play a vital role in their children's social and emotional development because they help them discover their uniqueness and prepare them to contribute to society, which leads them to become self-leaders and others-leaders.

The Parents' Session at XXI Century School enabled the parents to grasp the significance of the 7 Habits for raising a holistic child.



# Young Leaders Program More than just a YOUTH CAMP

We all went to youth camps when we were in school, and it left us with so many wonderful memories that infused our lives with happiness and pleasure.

Leader in Me is committed to providing children with advanced learning experiences in a fun and enjoyable environment. Through laughter and educational activities, our “Young Leaders Youth Camp” engaged youth in an exciting and relaxing environment that taught leadership principles and 21st-century skills while also motivating them to develop lifelong habits.

We are pleased to share some memorable experiences from the All Pakistan Memon Federation Summer Camp, where children



applied Sean Covey’s 7 Habits of Highly Effective Teens and believed in their ability to lead their own lives.

In the Youth Camp, Young Leaders gained insight into;

- Taking initiative, making choices, and being in charge of their lives
- Setting goals, prioritizing, and planning ahead to achieve them
- Building happier and more meaningful relationships with their family and friends
- Enhancing their communication skills by improving their listening and increasing their confidence level in expressing their own ideals
- Creating better and innovative solutions to synergize with others
- Creating balance in their lives by taking care of themselves

Beautiful faces with big smiles, plenty of fun, synergizing with friends and having Win-Win techniques enhanced the enjoyment of academic learning with more fruitful outcomes

# Building Positive Mental Health at School

Social-Emotional Leadership can help build positive mental health in students and teachers.

## Youth Depression and Anxiety Is on the Rise

Historically, short periods of anxiety or depression have been common in adolescence, while more prolonged periods were rare. However, in recent years there has been a troubling increase in the number of adolescents with longer-term depression and anxiety

- Severe youth depression increased 28% over a five-year period.
- Self-harm and suicidal ideation rates have more than doubled since 2008.
- 39% of adolescents will experience an anxiety disorder

### In order for children to function effectively and develop a sense of identity, they need:

- Social and emotional competencies
  - Opportunities to practice their skills
  - The confidence to use those skills constructively
- World Health Organization

## How Leader in Me Creates a Strong Foundation for Positive Mental Health

As a whole-school improvement process, Leader in Me provides educators with the training and structure needed to create environments that promote positive mental health through students' social-emotional development.



### Pillar 1: Social and Physical Environment

Leader in Me Schools use key leadership practices to build a feeling of community, establish a common

vision, and build trust and unity through regular routines and activities.



### Pillar 2: Teaching and Learning

Leader in Me integrates Social and Emotional Learning schoolwide, from the classroom to the playground, and to families and home. As students learn valuable social emotional skills they also apply these skills through public speaking, service learning, goal achievement, and Student Leadership Roles, where they plan, organize, and lead classroom or schoolwide activities, routines, and special events.



### Pillar 3: Partnerships and Services

Because a student's positive mental health is impacted largely by how well his or her needs are met, the Leader in Me focuses on creating empowering support systems schoolwide, and through training and partnerships with families and the larger community.



### Pillar 4: Healthy School Policy

Leader in Me is a whole-school improvement process that begins by building the professional and personal capacity of the adults in the school. The adults then lay the foundation of a socially, emotionally, and academically supportive school environment by modeling healthy attitudes and behaviors, and collaboratively creating systems that reinforce the development of students' personal and interpersonal leadership.

- LeaderinMe Online [🔗](#)

# The 7 Habits of Highly Effective People Training Sessions at Beaconhouse School System

FranklinCovey Education, a global leading company in 160+ countries having 5000+ Leader in Me schools with 35+ years' experience as a top leadership company, and Beaconhouse School System, the country's largest network of private educational institutions and also spread in eight different countries over 315,000 students enrolled full-time, are working together for bringing educational reforms and introducing life skills using 7 Habits of Highly Effective People practices and Leader in Me paradigms to drive achievement, excitement, and student-led learning for students at every age. We both synergized to bring results that matter most today.

**“Synergy is what happens when one plus one equals ten, or a hundred, or even a thousand!**

**It's about the passion, the energy, the ingenuity, the excitement of creating a new reality that is far better than the old reality.”**

-Stephen R. Covey

FranklinCovey Education and Beaconhouse School System

came together to launch the Leader in Me process across Pakistan in 122 branches of BSS, BN, TNS & Leo's workshop. As a part of the Leader in Me process roll-



out, we are proud to share its successful “7 Habits of Highly Effective People” training sessions with 2500+ Beaconhouse staff across all regions of Pakistan. It's been a great and tremendous experience of learning, sharing knowledge, and discovering new methodologies all based on a foundation of timeless principles and proven practices.

In Central Region, approximately 1100 teachers were trained in different cities i.e. Lahore, Multan,



Gujranwala, Okara, Sahiwal, Bahawalpur, Rahimyar Khan, Gojra, Jhang, Hafizabad, Sargodha, Sialkot and Sheikhpura. Our trainers with their full energy and passion to encourage greatness have these sessions in three consecutive days. These days were full of great memories with emotions, empathy and positive relationships.



In North Region, approximately 810 teachers were trained in 14 different cohorts in cities including Islamabad, Rawalpindi, Wah Cantt, Attock, Peshawar, Mardan, Nowshera, Risalpur, Kharian, Mirpur, Saidu Sharif, Abbottabad, Mansehra, Muzaffarabad, Chakwal, Gujrat, Jhelum and Mandi Baha-ud-din. All



cohorts leave a mark of colorful and joyous moments that will always remain in our beautiful recollections.



In South Region, our trainers with full enthusiasm and passion trained approx. 650 teachers in Karachi, Hyderabad, Nawabshah, Sukkur, Quetta, and Thatta.



FranklinCovey Education team and Beaconhouse exceptional staff is committed to teach foundational principles and skills that are widely accepted as essential to personal leadership such as responsibility, vision, time management, communication, collaboration, relationship building, and wellness to serve all students in all communities

# The 7 Habits of Highly Effective People Training at Peshawar Model School



**PESHAWAR  
MODEL SCHOOL**  
NASIR BAGH ROAD CAMPUS

FranklinCovey Education and Peshawar Model School started their journey on March 27, 2022 for greater productivity and to encourage students to make them successful leaders using 21st Century skills through the Leader in Me process.

PMS is one of the renowned schools in KPK with over 10,000 students and 1000+ staff members. To begin the Leader in Me process, FranklinCovey Education has the privilege to conduct six days of The 7 Habits of Highly Effective People training with their incredible teachers and staff in



different cities i.e. Peshawar, Hayatabad, Nasirbagh, Swabi, Charsadda, Mardan, Shabqadar and Nowshera.

We, both, are determined to achieve long-term sustainable results and transform millions of lives across all age groups and professions

# Leader in Me Parents' Evening at GSIS School & College



GSIS became the first LeaderinMe school of Islamabad in August 2021. The school believes in preparing students as lifelong learners.

Since parents' contribution to a child's upbringing is invaluable hence Parents' Evening was arranged at GSIS to bring them onboard the LiM Process. The

facilitator of the evening was Mr. Fazal Niazi - Practice Lead FranklinCovey Education





# Leader in Me Across Pakistan

7 Habits training is the foundation of Leader in Me implementation which outlines the core paradigms and behaviors essential to enhancing school culture. Staff members must truly live and model the 7 Habits before students can effectively learn and apply them. 1,573 educators from various reputable institutions of Pakistan, including Habib

Public School, Happy Home School, Roots International Schools and Colleges, The Academy, IBA Public School Sukkur, School for Contemporary and Islamic Learning, Bahria Town Schools and Colleges, Al-Ala International Islamic School and Lahore Literati Montessori & High School have taken up the initiative to be a part of this Global Leader in Me Family



*Habib Public School*



*Happy Home School*



*Roots International School & Colleges*



*The Academy*



*IBA Public School Sukkur*



*School of Contemporary & Islamic Learning-SCIL*



*Al-Ala International Islamic School*



*Lahore Literati Montessori & High School*



*Bahria Town Schools & Colleges*



## The 7 Habits of Highly Effective People Work Session at University of Engineering and Technology (UET), Lahore

FranklinCovey Education is proud to have conducted yet another successful work



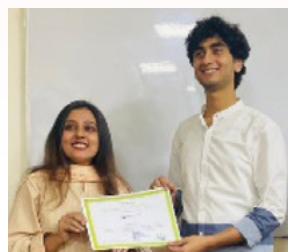
session of the 7 Habits of Highly Effective People. The work session, which included dedicated teachers, was held at the University of Engineering and Technology (UET) in Lahore. We are grateful for the positive feedback from the work session and hope to build on the momentum we've established so far.

## Certificate Distribution Ceremony at Bahria University Business School

FranklinCovey Education and Bahria University have been unleashing human potential for the past two years with the mission of making higher education more achievable and accessible, which is essential for shaping the future leaders of a prosperous nation.



In the presence of Ms. Saima J. Khan (Lead Coach South), BBA students who successfully completed the course "Find Your Voice - Corporate Skills" were presented with certificates.



## FranklinCovey Education Training Session at Institute of Space Technology (IST), Islamabad

FranklinCovey Education team was honored to be invited to the esteemed Institute of Space Technology (IST) in Islamabad by Vice Chancellor Major General Rehan Abdul Baqi HI(M). The purpose of the visit was to conduct a session with teachers and students alike, equipping them with the importance of the Leader in Me and the skillsets associated with the process. The session was mainly focused on

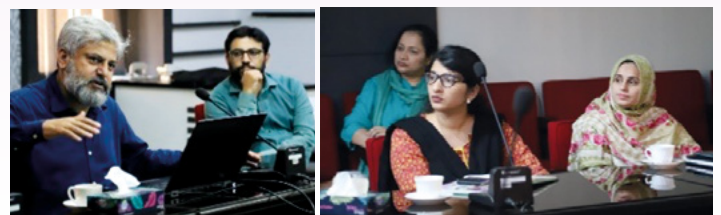


a discussion of the significance of 21st-century skills. Furthermore, dissecting the hurdles faced by the current generation of students as well as improving their future readiness through the practices of the 7 Habits.

## LeaderU Introductory Session at DHA Suffa University

LeaderU is helping institutions develop exceptional leaders, engage staff and faculty, build a high-trust culture, and empower students.

In the presence of Prof. Dr. Bashir Ahmad (Professor & Dean of Management and Social Sciences), Mr. Fazal Niazi (Practice Lead



FranklinCovey Education, Pakistan, Azerbaijan & Turkey), and other faculty members, DHA Suffa University organized an introductory session of LeaderU.

# MOU Signing with Bahria Town Schools and Colleges and Al Ala International Islamic School

## Bahria Town Schools and Colleges (BTSC)



FranklinCovey Education Pakistan welcomes Bahria town Schools and Colleges (BTSC) as a new member in our Leader in Me family. We both share a common mission to inculcate quality education among children by creating a foundational support structure needed to get them on the path of greatness, and the school to have long-term sustainable results.

We are truly pleased to share our beautiful bond that not only exhibit our productive initiatives to bring the change in the education system of Pakistan, but also shows the determination to shape the future of leadership and life in the 21st Century. produce effectiveness values, behaviours and



our young generation with the skills that are demanded to thrive This partnership is committed to and to build common set of skills throughout school culture.

FranklinCovey Education and Bahria Town Schools and Colleges started this journey on June 4, 2022 in presence of Mr. Fazal Niazi, CEO & Practice Lead, FranklinCovey Education Pakistan and Ms. Atia Zeb, Principal BTSC with all senior management, and determined



## AL-A'LĀ International Islamic School



Since-1999

We believe everyone can be a leader and it's not for few. AL-ALA International Islamic School also works on the same paradigm and determined to prepare every child with leadership roles in a society. We, both, joined hands on July 21st, 2022 for this purpose to introduce universal and timeless principles among students using The 7

Habits of Highly Effective People and the core teachings of Islam in a supportive and enriched educational environment.

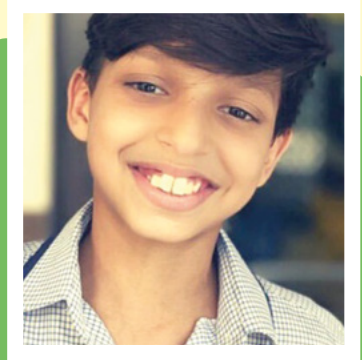
FranklinCovey Education and AL-ALA International Islamic School are committed to bring excellence by building exceptional leaders, teams, and cultures that get results.



# Change Starts with Me

The effectiveness of Leader in Me process has changed my overall personality.

- I am more proactive in dealings.
- I am a confident leader.
- I take initiatives.
- I used the practices of Habit 2 effectively by showing what is more important to me in the future and then taking the possible steps for it.



Name: **Muhammad Arham** School: **The Learning Space, Karachi**



By the end of my middle school journey, I had taken the role of class representation on several occasions but felt that I was not being effective at it. When I entered high school and learned about the Leader in Me Program, I, with the guidance of my teachers, studied the different traits of a leader and the right mindset to have to take on such a role. After some time, I noticed a drastic change in my outlook on leadership. Instead of sitting back and letting unfortunate events unfold, I became proactive and took charge of my life. I drew a visual picture in my mind of my end goal and started doing everything in my power to reach said goal.

Name: **Zainab Mansoor** School: **The Learning Hub, Gujranwala**

I follow Habit 2 Begin with the End in Mind religiously. I believe that following this habit gives me the clarity of tasks that have to be done in the day. This is how I make the most of my time and feel grateful to celebrate each day.



Name: **Uswah Batool** School: **Generation's School, Karachi**

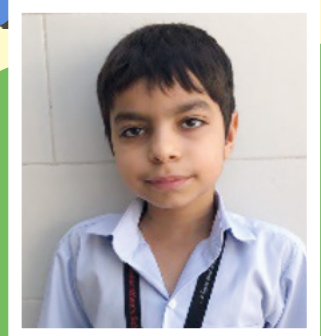


LiM taught me to lead myself and others while feeling confident and motivated. I self-reflected and became more self-aware. I left negative self-talk and stayed within my circle of control now I feel more confident in my abilities and shared them with the people around me. I became an improved version of myself.

Name: **Musfirah Atif** School: **KIPS, Lahore**

I follow Habit 1 Be Proactive, as it helps me to stay positive in all situations. It also helps me to think of a solution to my problems/concerns rather than complaining about it.

Name: **Muhammad Anas** School: **Generation's School, Karachi**

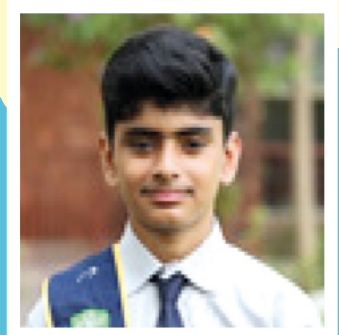


The LiM has changed my perspective of life by teaching me the 7 Habits. It has helped me throughout, e.g. when I get nervous, I keep a positive attitude, and before making a plan, I think about the negative impacts of the plan. I used to be really aggressive, and stubborn but now I am more proactive.

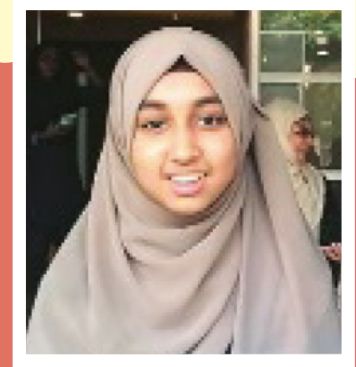
Name: **Muhammad Huzaifa Gulfam** School: **GSIS, Islamabad**

“Leader in Me” is making a great impact on my life. It has improved our learning and increased the productivity level of students. It helps me in becoming a proactive, punctual, and effective person. I can now solve conflicts between students sensibly. It has made students in becoming independent, kind, and expressive. It also helps in developing leadership qualities among students.

Name: **Haris Sohail** School: **Crescent Model Higher Secondary Schools, Lahore**



If there is anything I have gained from my Leader in me sessions it is confidence. The proof of it is in the picture that I have chosen. I was an introvert and timid child; I was afraid to express myself thinking people would make fun of me. Our LiM sessions helped me in building confidence and I can't be more thankful. From a shy individual I'm this new person with a lot of energy, positivity and enthusiasm. It taught me that I can be anything I can put my mind to and you never know you might be listening to the future Prime Minister.



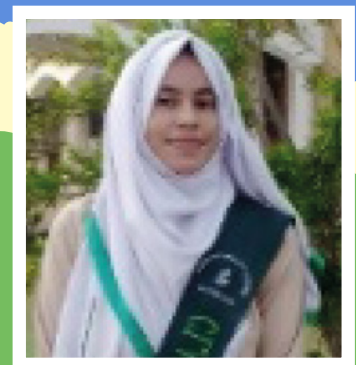
Name: **Sabaina Shoaib** School: **Lecole Mondiale, Lahore**



This year, I achieved a marvelous goal in games. I got the shield for the "best athlete" including many medals and certificates. No doubt, Leader in Me program has contributed a lot to groom my personality and motivate me to "Sharpen the saw". I exercise on daily basis to sharpen my body. I scheduled my time to run so that I could take care of myself. It was a joy to behold when I received different medals on Sports Day which was held in "Punjab stadium" Lahore. I am happy because now, I am a source of motivation, encouragement, and determination for my fellows to have success in the future.

Name: **Attiqa Waheed** School: **Adabistan e Soophia, Lahore**

The seven habits of highly effective people have done wonders to develop my personality. Leader in Me has helped me to improve my anger management. The activities were incredible and facilitated self-regulation, self-awareness, and increased my self-esteem. After attending Leader in Me training I believe that I am a good leader and I also have a mission to provide this training to the people who are suffering from emotional problems and are unaware of the solution.



Name: **Attia Hussain** School: **Akhuwat College for Women, Chakwal**

# Leader in Me Community Coaching Day at Karachi and Lahore

Community coaching is a development tool that counters this dynamic by encouraging communities and their members to achieve their full potential and build social capital by working together.

Realizing the need to build a stronger community, FranklinCovey Education Pakistan held a Community Coaching Day in Lahore and Karachi which was attended mainly by the partner schools. Mrs. Janita Andersen, Coach and Consultant for Asia Pacific, Director of International Higher Education, FranklinCovey, USA, graced the event and shared her valuable knowledge with the participants.



In Lahore, 125 representatives from schools like Adabistan-e-Soophia, Akhuwat, Al-Ala International Islamic School, Beaconhouse School System, Crescent Model, KIPS, Lahore Literati, Lecole Mondiale, School for Contemporary and Islamic Learning, Bahria Town Schools and Colleges, Roots International School, Jadeed Dastgir Ideal High School, The Learning Hub School, and The Learning Hub College attended the event. The event was held at the Pearl Continental Hotel Lahore.

Likewise, In Karachi, more than 100 educators from schools like The Academy, Beaconhouse, Beaconlight Academy, Habib Public School, The Learning Space, Khadija Kazi Ali Memorial High School, Happy Home



School, Generation's School, Kiran Foundation, The Orchid School, and KN Academy participated in the event which was held at the Marriott Hotel Karachi.

Bringing people from different organizations who are like-minded, connected to the same field, and carry the same torch brings synergy and results in an insightful learning

experience that benefits the whole community.

We, the LiM team, is grateful for the contributions by our partner schools as they attended the event and shared their views. Together we are working towards the improvement of the future generation by bringing out the individual potential of young learners 🌟

